

My Minimalist Daily Schedule

	WEEK DAYS
UPON RISING	morning routine : prayer / wash up / get dressed / organize bedroom and closet
7:00ish	exercise / chicken chores
8:00	breakfast / NUTRITION / kitchen chores
	SCHOOL LESSONS
12:00	dinner / kitchen chores
	PHYS. ED. two mile walk
	INTEREST-LED LEARNING
4:00	afternoon chores
5:00	supper / kitchen chores
6:00	family prayer
7:00	evening routine : shower / brush teeth and hair / pajamas / prayer
7:30	HISTORY
8:00	bed time (dad / children)
9:00 goal	bed time (mom)